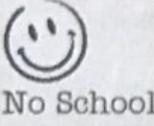


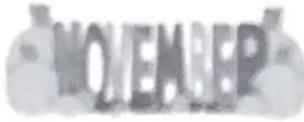


# Wyoming County Schools November 2018 Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Slider Dry Cereal, Variety Fresh Fruit Juice Milk ----- Breakfast Bar Cherrios Strawberry	2 Blueberry Smoothie Strawberry Smoothie Dry Cereal, Variety Peaches Juice Milk ----- Snack'n Maple Waffle
5 NO SCHOOL  No School	6 NO SCHOOL 	7 HAM, EGG, AND CHEESE CROISSANT Dry Cereal, Variety Applesauce Juice Milk ----- PUMPKIN BREAD	8 Homemade Cinnamon Roll Dry Cereal, Variety Fruit Juice Milk ----- Bagel w/Cream Cheese & Jelly	9 Sausage Biscuit Dry Cereal, Variety Apples w/Cinnamon Juice Milk ----- Yogurt GRANOLA
12 NO SCHOOL 	13 STRAWBERRY PARFAIT Dry Cereal, Variety GRANOLA Fresh Fruit Juice Milk ----- Banana Breakfast Bread	14 Blueberry Snack'n Waffle Dry Cereal, Variety Fresh Fruit Juice Milk ----- SUPER DOUGHNUT	15 Apple Frudel Dry Cereal, Variety Fresh Fruit Juice Milk ----- ZUCCHINI BREAKFAST BREAD	16 Chicken Slider Dry Cereal, Variety Raisins Juice Milk ----- Cocoa Puffs Cereal Bar
19 Pancake/Sausage Stick SYRUP, PANCAKE Dry Cereal, Variety Peaches Juice Milk ----- Oatmeal Choc Chip Bar	20 Breakfast Pizza Dry Cereal, Variety Pears Juice Milk ----- Maple Snack'in Waffle	21 NO SCHOOL 	22 NO SCHOOL 	23 NO SCHOOL 
26 Biscuit BACON Dry Cereal, Variety Fresh Fruit Juice Milk ----- BROWNIE MUFFIN	27 Blueberry Smoothie Strawberry Smoothie GRANOLA Dry Cereal, Variety Fresh Fruit Juice Milk ----- Cinnamon Toast Crunch Bar	28 Waffles SYRUP, PANCAKE Fresh Fruit Juice Milk ----- Pancake/Sausage Stick	29 BISCUIT & GRAVY Dry Cereal, Variety Red Grapes Juice Milk ----- BREAKFAST BURRITO	30 BISCUIT W/JELLY Canadian Bacon Fresh Fruit Juice Milk ----- Mini Cinnis Rolls

"This Institution is an Equal Opportunity Provider"



Pre-K - 8th Grade  
Wyoming County Schools  
November 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			1 TOASTED CHEESE SANDWICH VEGETABLE SOUP Crackers Tossed Salad Dressing, Low Calorie MIXED FRUIT Sherbet Milk	2 Tacos Refried Beans Tossed Salad Dressing, Low Calorie Corn Pineapple Milk
5 NO SCHOOL  No School	6 NO SCHOOL  ELECTION DAY	7 Pepperoni Roll BAKED BEANS Strawberry Spinach Salad Cherry Tomatoes Apple Crisp ICE CREAM CUP Milk	8 Corn Dog Sweet Potato Fries CONDIMENTS Tossed Salad Dressing, Low Calorie Fresh Fruit Milk	9 Bosco's Chesy Breadstick Tomato Soup CHICKEN CAESAR SALAD Baked Potato CONDIMENTS Crackers Pears Milk
12 NO SCHOOL  Veterans Day	13 Grilled Cheese Sandwich Tomato Soup Crackers Tossed Salad Dressing, Low Calorie BROCCOLI, Fresh RANCH DRESSING Fresh Fruit Milk	14 Quesadilla, Chicken CONDIMENTS Tossed Salad Dressing, Low Calorie REFRIED BEANS Baby Carrots RANCH DRESSING Fresh Fruit Milk	15 Turkey Dressing Whole Wheat Roll butter Mashed Potatoes & Gravy Green Beans Cranberry Sauce Apple Crisp ICE CREAM CUP Milk	16 Chicken Nuggets Whole Wheat Bread Sticks Sweet Potato Fries CONDIMENTS Tossed Salad Red Peppers Fresh Fruit Milk
19 Hamburger on WW Bun Lettuce & Tomato Onions CONDIMENTS Tossed Salad Dressing, Low Calorie Sweet Potato Fries BAKED BEANS Fresh Fruit Milk	20 Salisbury Steak Whole Wheat Roll butter Mashed Potatoes Green Beans Baby Carrots RANCH DRESSING Fresh Fruit Milk	21 NO SCHOOL 	22 NO SCHOOL 	23 NO SCHOOL 
26 Chicken BBQ on a Wheat Bun Cole Slaw BAKED BEANS Sweet Potato Fries CONDIMENTS Tossed Salad Fresh Fruit Milk	27 Students' Choice	28 CHICKEN SANDWICH Lettuce & Tomato CONDIMENTS Potato Wedges BROCCOLI AND CHEESE Fresh Fruit Milk	29 Lasagna Whole Wheat Roll butter Tossed Salad Dressing, Low Calorie Green Beans Fresh Fruit Sherbet Milk	30 Pepperoni Pizza Tossed Salad Dressing, Low Calorie Baby Carrots Corn Fresh Fruit Milk

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"